



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Tom Van Der Kolf**

Has successfully participated & completed the  
**42km The Spar Knysna Forest Marathon**  
held at Knysna.

**TIME 05:23:19**

**PACE 07:40/km**

**GENDER 332 of 563**

**OVERALL 478 of 834**

**SENIOR (20- 180 of 39) 291**



08 July 2023, Sat

Date

*BoutTime*

Signature